

# Isa Gucciardi, Ph.D.



## ABOUT ISA

Isa has spent over 30 years studying spiritual, therapeutic, and meditative techniques from around the world. She is the creator of **Depth Hypnosis**, a groundbreaking therapeutic model that has won rave reviews from psychotherapeutic and spiritual counselors alike. She has published numerous articles, has been featured in several documentaries, and is the author of several books, including the Amazon number one bestseller, *COMING TO PEACE, THE NEW RETURN TO THE GREAT MOTHER*, and the forthcoming, *DEPTH HYPNOSIS: A PATH TO INNER TRANSFORMATION*.

Isa is the Founding Director of the Foundation of the Sacred Stream, a non-profit organization and school for consciousness studies, and is on the faculty of Embodied Philosophy. She speaks five languages, has lived in eleven countries, teaches and lectures nationally and internationally, and maintains an active counseling practice in San Francisco.

“Depth Hypnosis is a creative approach that could really help many people with their deeply rooted challenges of self-harshness and lack of adequate self-kindness.”

- Thupten Jinpa, Ph.D., Principal Translator to H.H. the Dalai Lama

## DEPTH HYPNOSIS

Depth Hypnosis was created in the mid-nineties by Isa Gucciardi, Ph.D. Since then, it has grown into a successful therapeutic modality with Depth Hypnosis Practitioners practicing throughout the world. People are drawn to work with the DH Method both personally and professionally due to its insistence on the integrity of the practitioner as well as its emphasis on the empowerment of the participant. People have found Depth Hypnosis to be a fast and effective modality that is non-dogmatic and blends well with other therapies and spiritual practices.

## SACRED STREAM

The Foundation of the Sacred Stream was established in 2002 by Isa Gucciardi and Laura Chandler. It is a non-profit school for consciousness studies and resource center that has helped thousands of people live happier more productive lives. It is home to a diverse community that seeks to preserve and share the important ideas, traditions, and practices that contribute to the healing of the earth and the awakening of humanity to a more peaceful and compassionate existence.

## BOOKS

### COMING TO PEACE

*Coming to Peace* reached #1 in Religion and Spirituality on Amazon within the first month of its release in the United States. Its success is due in no small part to the timeliness of the subject matter, popularity of the author, and the support it has received from luminaries in the field of psychology and spirituality. *Coming to Peace* is an integrative conflict resolution method, drawing from wisdom traditions and contemporary mediation techniques developed by Isa Gucciardi, Ph.D. Understanding that resolution lies in the deep and unbroken connectedness we share as human beings, this groundbreaking book shows how the processes of *Coming to Peace* meet those in conflict and provides them a pathway to reconciliation and wholeness.

### THE NEW RETURN TO THE GREAT MOTHER

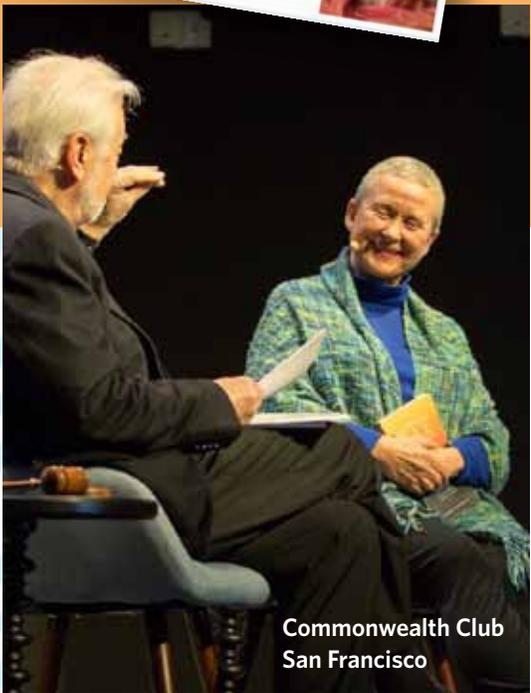
In this groundbreaking book, the reader is invited to rediscover the transformative feminine power at the heart of childbirth. Mothers, their partners, and birth professionals will learn how to tap into this ancient wellspring of power to create a birthing experience that is deeply intuitive and empowering. Offering a fresh perspective on birthing as a sacred initiatory process, it provides inspiring true stories, and offers up helpful tools and exercises for connecting with the wisdom and power of initiation and the Great Mother. It is rated an Amazon best-seller and reached number one in Pregnancy and Childbirth.

“Isa’s *Coming to Peace* is just the ticket for these challenging times! It is both easily accessible... and profoundly transforming... I heartily recommend this book.”

- Robert Thurman, Ph.D., Teacher, scholar, and best-selling author of *Infinite Life* and *Inner Revolution*



amazon #1 Best Seller



Commonwealth Club  
San Francisco

## RECENT APPEARANCES

- Faithlead Teach-in with Mathew Fox - Online
- Science and Non-Duality Conference (SAND) - San Jose, CA
- Learning from Dying with Robert Thurman and Eve Ekman  
San Francisco, CA
- Compassionate Relationships with Thupten Jinpa, Ph.D.  
Berkeley, CA
- Commonwealth Club Guest Lecturer - San Francisco, CA
- UC Berkeley Guest Lecturer - Berkeley, CA
- IONS Quad Cities Lecture Series - Davenport, Iowa
- Embodied Philosophy Wisdom in Exile Conference - Online
- Tibet House Guest Lecturer - New York, NY
- Re-Imagine Conference - San Francisco, CA
- Embodied Philosophy Tracing Trauma Lecture Series - Online
- Embodied Philosophy Psychedelic Healing Conference - Online

## RECENT PODCAST & RADIO APPEARANCES

- New Dimensions Radio (NPR)
- Buddha at the Gas Pump Podcast
- Chitheads Podcast
- APPHA Monday Live
- Well, Actually... Podcast
- The Birth Ease Podcast
- Blossom Your Awesome Podcast
- A Meeting of the Ways with Diane Solomon Radio Program
- The Myths That Make Us Podcast
- Soul Space Podcast
- Herbal Health Podcast
- The Therapist Clubhouse Podcast
- Inner Truth Podcast

In addition to Isa's online workshops and events, Sacred Stream offers many free educational resources, including articles, videos, the Sacred Stream Radio Podcast, and the Stream of Consciousness Blog. Visit [sacredstream.org](http://sacredstream.org) to learn more.

## Contact information

**Website:** [isagucciardi.org](http://isagucciardi.org)  
**Email:** [booking@sacredstream.org](mailto:booking@sacredstream.org)  
**Phone:** (415) 333-1434

 **Facebook:** [facebook.com/sacredstream](https://facebook.com/sacredstream)

 **Twitter:** @fndsacredstream

 **YouTube:** @fndsacredstream

 **Instagram:** @isagucciardi