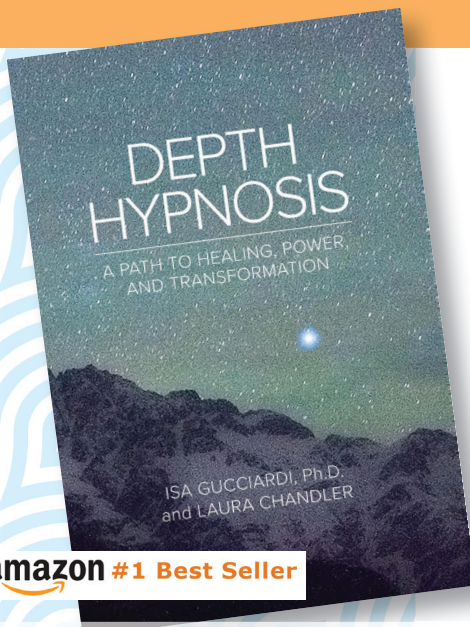


Isa Gucciardi, Ph.D.



Isa Gucciardi, Ph.D. holds advanced degrees in cultural and linguistic anthropology, comparative religion, and transpersonal psychology. She has studied spiritual, therapeutic, and meditative techniques from around the world and was an early pioneer in integrating shamanic and Buddhist perspectives into clinical practice. Isa is the Founding Director of the **Sacred Stream**, where she developed the transformative therapeutic model **Depth Hypnosis™** and the innovative conflict resolution process **Coming to Peace™**. A recognized expert, she is the author of three books and speaks six languages. Isa teaches and lectures both nationally and internationally, sharing her profound knowledge of spiritual and psychological healing. Her work has positively impacted thousands of individuals, guiding them toward greater self-awareness, healing, and personal transformation. Isa's ongoing contributions continue to inspire and empower people on their journeys of growth and inner change.



Books

Depth Hypnosis:

A Path to Healing, Power, and Transformation

Depth Hypnosis is a transformative psycho-spiritual healing modality that has helped thousands of individuals across the globe live happier, healthier, and more fulfilling lives. This integrative therapeutic approach blends ancient wisdom with contemporary psychological thought, creating a holistic process designed to support lasting, meaningful change. Depth Hypnosis draws from a variety of disciplines, including Buddhism, transpersonal psychology, and shamanic practices. For the first time, Isa Gucciardi, Ph.D. and co-author Laura Chandler, introduces this groundbreaking healing process to the world. In their comprehensive guide, they provide detailed insights into the mechanics of Depth Hypnosis, explaining how it helps people open to

“This book is a must for anyone who is serious about their mental well-being and aspires for greater self-empowerment and self-confidence.”

- Thupten Jinpa, Translator to H.H. the Dalai Lama



greater levels of awareness. The process is specifically designed to assist people in addressing long-standing misunderstandings and unresolved emotions that keep them stuck, facilitating catalytic moments that lead to profound inner transformation and lasting change.

Coming to Peace

Coming to Peace reached #1 in Religion and Spirituality on Amazon within the first month of its release in the United States. Its success is due in no small part to the timeliness of the subject matter, popularity of the author, and the support it has received from luminaries in the field of psychology and spirituality. *Coming to Peace* is an integrative conflict resolution method, drawing from wisdom traditions and contemporary mediation techniques developed by Isa Gucciardi, Ph.D. Understanding that resolution lies in the deep and unbroken connectedness we share as human beings, this groundbreaking book shows how the processes of *Coming to Peace* meet those in conflict and provides them a pathway to reconciliation and wholeness.

The New Return To The Great Mother

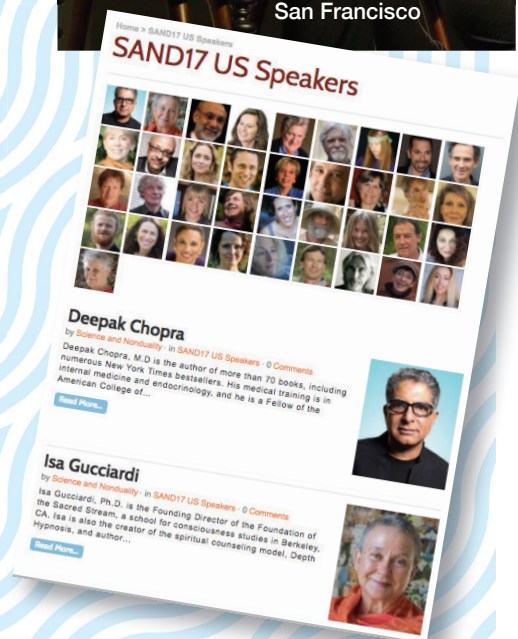
In this groundbreaking book, readers rediscover the transformative feminine power at the heart of childbirth. Mothers, partners, and birth professionals will learn to tap into this ancient source of power to create a deeply intuitive and empowering birth experience. Offering a fresh perspective on birth as a sacred passage, this work explores the seven initiatory stages of a woman's life, weaving together inspiring true stories with practical tools and exercises to deepen connection with the wisdom and power of initiation.

“Isa’s *Coming to Peace* is just the ticket for these challenging times! It is both easily accessible... and profoundly transforming... I heartily recommend this book.”

- Robert Thurman, Ph.D., Teacher, scholar, and best-selling author of *Infinite Life* and *Inner Revolution*



Commonwealth Club
San Francisco



Contact information

Website: isagucciardi.org

Email: booking@sacredstream.org

Phone: (415) 333-1434



Facebook: facebook.com/sacredstream



YouTube: [@sacredstream](https://www.youtube.com/@sacredstream)



Instagram: [@isagucciardi](https://www.instagram.com/isagucciardi)

Sacred Stream

The **Foundation of the Sacred Stream** is a non-profit education and resource center dedicated to consciousness studies. It has supported thousands of individuals in leading happier, more productive lives. Sacred Stream nurtures a diverse community committed to preserving and sharing ancient wisdom and contemporary practices that contribute to the healing of the Earth and awakening humanity to a more peaceful and compassionate existence. In addition to many workshops and events, Sacred Stream offers a wide array of educational resources designed to support personal growth and healing. These resources include, articles, blog posts, videos, and the Sacred Stream Radio Podcast.

Visit sacredstream.org to explore more.

Appearances

Learning from Dying with Robert Thurman and Eve Ekman

San Francisco, CA

Faithlead Teach-in with Rev Mathew Fox - Convergence Online

Science and Non-Duality Conference (SAND) - San Jose, CA

Compassionate Relationships with Thupten Jinpa, Ph.D.

Berkeley, CA

Commonwealth Club Guest Lecturer - San Francisco, CA

Onaya Science Lecture Series—Psychedelic Integration - Online

Healing Addiction SF Dharma Center - San Francisco, CA

UC Berkeley Guest Lecturer - Berkeley, CA

Tibet House Guest Lecturer - New York, NY

IONS Quad Cities Lecture Series - Davenport, Iowa

Embodied Philosophy Wisdom in Exile Conference - Online

Re-Imagine Death & Dying Conference - San Francisco, CA

Embodied Philosophy Tracing Trauma Lecture Series - Online

Podcast & Radio Interviews

New Dimensions Radio (NPR)

Buddha at the Gas Pump Podcast

Sounds of SAND Podcast

The Wellness Prescription (105.9)

Judging Meghan Podcast

Chitheads Podcast

Well, Actually... Podcast

A Meeting of the Ways with Diane Solomon (NPR)

The Myths That Make Us Podcast

Soul Space Podcast

Herbal Health Podcast

The Therapist Clubhouse Podcast

Inner Truth Podcast